

# THE ESSENTIAL

[www.fromeactive.org.uk](http://www.fromeactive.org.uk)

*FromeActive aims to include information on as many groups and organisations as possible in Frome and the area.*

*If you belong to a group or organisation that has not been mentioned, or are aware of any incorrect details then please contact:*

**FROMEACTIVE**

**TEL: 01373 452298**

**EMAIL: [info@fromeactive.org.uk](mailto:info@fromeactive.org.uk)**

*In order to produce an up to date booklet in the future and to keep the web site regularly updated it would be useful if groups and organisations kept FromeActive informed of any changes.*

*If you would like to publicise an event, are new to the area or just want to find out more then please contact us.*

**FromeActive • Based at Frome College  
Bath Road • Frome • Somerset • BA11 2HQ  
Tel: 01373 452298  
Email: [info@fromeactive.org.uk](mailto:info@fromeactive.org.uk)**

**compiled by Young People Frome**

*Booklet designed by Bluecat Design  
Tel: 01225 423065 [www.bluecatdesign.co.uk](http://www.bluecatdesign.co.uk)*





# FROME@CTIVE

*Activities for young people in and around Frome*

THE ESSENTIAL  
GUIDE

[www.fromeactive.org.uk](http://www.fromeactive.org.uk)

# the essential guide

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*If you thought there's nothing to do in the Frome area then think again!*

*This booklet is filled with clubs and groups that are open and available to you!*

*We have listed what there is to do, who to contact, when it happens and where it takes place. So if you are looking for an opportunity to...*

- *be involved in your favourite activity* •
- *try something new* •
- *find a place to go with a toddler* •

***then this is where to begin***

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## Special Interest

Chess • Gaming • Majorettes • Film & Video • Book Group • Wildlife Trust • Caving Group • Poetry & Prose Cafés • French Lessons

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## Clubs, Pubs & Food

Whilst every care has been taken to ensure that the information in this booklet is accurate, FromeActive can accept no responsibility for any errors or omissions.

# pre-school



## parents & toddlers

### Beckington Toddlers

Baptist Church, Frome Road,  
Beckington  
Tuesday 2pm - 3.15pm

### Caterpillar Toddlers

Frome Family Centre,  
Wesley Lower School,  
Christchurch Street West,  
Frome

Tel: 01373 465552

Thursday 10am - 12pm  
Freeplay, Craft, Tea/Coffee &  
Singing.

### Garden Nursery Toddlers

Innox Hill, Frome

Tel: 01373 453345

Thursday 1pm - 3pm

### Leigh Upon Mendip Under Fives

Memorial Hall, Leigh Upon  
Mendip

Tuesday, Wednesday and Friday  
9.15am - 11.45am

### Little Footprints

St. Catharine's Church Hall,  
Park Road, Frome  
Playing and singing activities,

craft and prayer.

Wednesday during term time  
10.30am - 12pm

### Little Wooden Horse Toddlers

Witham Friary

Friday 10am - 12pm

### St. Mary's Toddlers

St. Mary's Church Hall, Innox  
Hill, Frome

Monday 1.30pm - 3pm

### Nunney Parent & Toddler Group

Nunney Village Hall, Nunney  
Thursday 9.15am - 12pm

### Rode Toddlers

Rode Memorial Hall, Rode  
Monday 10.30am - 12pm

### Rugrats

Buckland Dinham Village Hall

Monday and Thursday  
10am - 12pm

### Stonebridge Toddlers

Frome Rugby Club, Gypsy  
Lane, Frome

Thursday 10am - 12pm

### Trinity Toddlers

Trinity Church Hall, Trinity  
Street, Frome

Tel: 01373 453425

Wednesday and Friday  
10.30am - 12pm

### Wesley Toddlers

Wesley Church, Frome

Thursday 10am - 12pm (term  
time) 11am - 1pm (school  
holidays)

### Jack In The Box Toy Library

Frome Family Centre  
Wesley Lower School  
Christchurch Street West  
BA11 1EA

Tel: 01373 451307

Meets: Wed 10am - 12pm  
Fri 10am - 3pm

Age: Parents and 0 - 5 years  
(older children welcome)

Membership £10 per year (no additional fees) 6 toys can be borrowed for up to 3 weeks. Large playroom available and outside play area.

### Frome Breast-feeding Group

Frome Family Centre, Wesley Lower School, Christchurch Street West, Frome.

Tel: 01373 462277

Meets: Wed 1pm - 2.30pm  
Age: For breast-feeding mums and their babies & toddlers. Mum's welcome ante-natally too.

The group provides friendship, information & support to breast feeding mums.

## Somerset Young Carers

### Are you a Young Carer?

*Do you help or look after someone in your family? Is this because they are ill, disabled or have problems with drugs or alcohol or their mental health? You might be doing the shopping for them, or the cooking, or the housework. Perhaps you help them wash or dress? Or maybe you spend time cheering them up? Whatever it is you do, it means that you can call yourself a 'Young Carer', and it also means that we may be able to help you.*

- We can answer questions and advise you. We can give you information for you and your family.
- We can introduce you to other Young Carers. We can help you speak out and be heard.
- We run regular groups, where you can have fun with friends and take part in new and exciting activities.
- We organise holidays, allowing you time and fun away from home.

### How to get in touch

*You can call or write to us yourself, or you could ask someone you trust to contact us - he/she might be a teacher, a relative or a friend, a youth worker, anyone you like.*

### SOMERSET YOUNG CARERS PROJECT

Sue Crisfield • Young Carers Project Co-ordinator (Mendip Area)  
2 Orchard Court • The Archers Way • Glastonbury BA6 9LH

TEL 01458 831668 MOB 07919 540410 FAX 01458 837300

# pre-school

## nurseries: day care

### **Busy Bees Nursery School**

Green Lane, Frome, Somerset,  
BA11 4JW

Tel: 01373 451619

Mon - Fri 8.30am - 5.30pm

### **Butterfly Pre-School**

Marston Trading Estate, Manor  
Road, Frome, Somerset, BA11  
4BN

Tel: 01373 451734/ 473041

Mon - Fri 9.15am - 3.30pm

### **The Garden Nursery**

St. Mary's Church, Innox Hill,  
Frome, Somerset, BA11 2LN

Tel: 01373 453345

Mon - Fri 9.15am - 3.15pm

### **Littleoaks Day Nursery**

Frome Community College,  
Bath Road, Frome, Somerset,  
BA11 2HQ

Tel: 01373 453838

Mon - Fri 8am - 6pm

### **Rainbow Nursery School**

44B Portway, Frome,  
Somerset, BA11 1QR

Tel: 01373 462553

Mon - Fri 8am - 6pm

### **Springmead School**

13 Castle Corner, Beckington,  
Frome, Somerset, BA11 6TA

Tel: 01373 831555

Mon - Fri 8am - 6pm

### **Sunflower Montessori**

9 Palmer Street, Frome,  
Somerset, BA11 1DS

Tel: 01373 453853

Mon - Fri 9am - 3pm

## nurseries: seasonal care

### **ABC Nursery**

Christchurch Playgroup, Park  
Road, Frome, Somerset, BA11  
1EU

Tel: 01373 473361

Mon - Fri 9.30am - 12pm

### **Ark Nursery**

41A Lower Keyford, Frome,  
Somerset, BA11 4AR

Tel: 01373 462408

Tues - Thur 9.30am - 12.00pm  
and Fri 12pm - 3pm

### **Beckington Pre- School**

Baptist Church Hall,  
Beckington, Frome, Somerset,  
BA11 6TD

Tel: 01373 831492

Mon - Fri 9.30am - 1.30pm

### **Harlequins Pre School**

Frome Youth &  
Community Centre,  
Vallis Road, Frome,  
Somerset, BA11 3EF

Tel: 0771 8713541

Mon - Fri 9.15am -  
12.15 pm and  
12.15pm -  
3.15pm



### **Magpie Nursery School**

Portway, Christchurch Street  
East, Frome, Somerset, BA11  
1QG

Tel: 07989 882129

Mon, Wed, Fri 9.15am - 1.15  
pm/Tues and Thur 9.15am -  
12.15pm

### **Mells Nursery**

School House, Mells Green,  
Mells, Frome, Somerset, BA11  
3QE

Tel: 01373 812380

Mon - Fri 9.15am - 12pm

### **Norton St. Phillip Pre School**

Palairot Hall, Norton St Phillip,  
Nr Bath

Tel: 0775 2469569

Mon, Wed, Thurs and Fri

9.15am - 12.15pm

Tues 10.30am - 1.30pm

Lunch Club: Mon, Wed, Thurs  
and Fri 12.15pm - 1.10pm

### **Nunney Pre School**

Nunney Village Hall, Nunney,  
Frome, Somerset, BA11 4LZ

Tel: 01373 836353

Mon - Fri 9.15am - 12pm

### **Opportunity Playgroup Frome**

Park Road, Frome Somerset,  
BA11 1EU

Caters for children with  
additional needs

Tel: 01373 467473

Mon - Fri 9.20am - 11.50am

### **The Pyramid Children's Centre**

Wesley Methodist Church,  
Wesley Slope, Frome

Tel: 01373 471606

Mon, Tues, and Fri 9.15am -  
12.15pm

Wed and Thurs 9.15am -  
3.15pm

